WHAT IS STTI?

About STTI
Founded in 1922, STTI takes part in the development of nurses making a difference in global health.

How Big is the Organization?
STTI is present in 85 countries with 490 different chapters and 135,000 members!

What Does the Name Mean?
The name comes from the Greek words Storga, Tharos and Timi meaning love, courage and honor.

What is the Purpose?
To support the learning, knowledge and professional development of nurses committed to making a difference in health worldwide.

IN THIS ISSUE

Message from the President
Fall Induction
Member Spotlight
Springboard to Success Event
Calendar of Events
MESSAGE FROM THE PRESIDENT

NANCI MCLESKEY, DNP, MCG, MDIV, RN-BC, CHPN, FNGNA

It’s been an exciting year for Gamma Rho! In November, we inducted 61 new members into our chapter, who demonstrate academic and leadership excellence and are contributing greatly to the world of nursing. Our keynote for Induction was one of our own members, Alex Wubbels, RN. Alex shared the events of the memorable shift (2017) when working in the U Hospital’s ER and advocating for her patient, which resulted in negative outcomes. Alex spoke about how she makes hard decisions about patient care and protocols. She humbly admitted it wasn’t on her own merit that she was able to make those decisions, but she draws strength from the wisdom and role modeling provided by her professors at the U of U College of Nursing. Additionally, she has found great support from many of her co-workers, who over the years have, always been there to be an example, lending a hand, and supporting her in not only caring for her patients, but in caring for herself. We were all enriched by Alex’s presentation.

Inducting new members into STTI Gamma Rho is a high point for our chapter and reminds us of the exceptional organization we belong to which helps us grow and change the world of nursing. We invite both current and new members to become involved in Gamma Rho, whether serving as a board or committee member, participating in activities and/or philanthropic events. We are committed to being a resource for you throughout your nursing career, connecting you with peers and providing opportunities for mentorship as you make a positive difference in the future of healthcare.

FOR MORE INFORMATION

ALEX WUBBELS IS A NURSE ON THE BURN INTENSIVE CARE UNIT AT THE UNIVERSITY OF UTAH HOSPITAL. AS A GRADUATE OF THE U OF U COLLEGE OF NURSING, ALEX HAS SERVED IN VARIOUS CAPACITIES AS A LEADER, MANAGER, EDUCATOR AND ADVOCATE. DURING HER SPEECH SHE CHALLENGED AND INSPIRED THOSE TO GO AND BE ADVOCATES IN ALL THEY DO.
MEMBER SPOTLIGHT: TOM ROWLEY ON HIS RISING STAR EXPERIENCE

“I am still thrilled that I was selected as a Rising Star in Research and Scholarship by the Gamma Rho chapter last year. It meant a great deal to be recognized for my work in founding the Utah Student Nurse Practitioner organization. I was able to present my efforts in creating this organization to other nurses and nurse practitioners at the STTI conference in Indianapolis last October. It was well received among nurse practitioner students because there are very few organizations out there that support NP students specifically like the National Student Nurses Association does for RN students. I was amazed at the level of professionalism among nurses at this conference and found that it was a great way to network with and learn from other remarkable nurse professionals. I encourage all members of STTI - Gamma Rho to make an effort to attend the next conference.”

FALL INDUCTION FAST FACTS

61
New STTI members inducted on Thursday, November 16 of 2017!

1
Amazing keynote speaker by the name of Alex Wubbels

Congratulations to the newest nurses who graduated on May 4th 2018! We all can’t wait to see what you will accomplish!
SPRINGBOARD TO SUCCESS WORKSHOP

With the start of Spring we kicked off a new series of annual workshops to address strategies for career success in March 2018. The College of Nursing Alumni Board co-sponsored our inaugural event with Work-Life Balance and Self-Care as the theme. Our Keynote was an abbreviated version of Schwartz Rounds facilitated by Sue Childress and Melissa Banner, nurse leaders at the Huntsman Cancer Institute. Participants got a firsthand account of sharing stories and the human side of healthcare.

Afterwards, attendees were invited to attend various break-out sessions ranging from, Mindfulness, Stress Management on the Go, Mapping your Career Path and Career Advice from Recent Graduates. All received “Stress Relief Kits” provided by our local chapter of the National Students Nurses Association. Evaluations were extremely positive, empowering students as they transition to their professional careers. We hope you will be able to join us in planning or attending next year’s Springboard to Success!

CALENDAR OF UPCOMING EVENTS

WALK TO END ALZHEIMER’S
Join our U of U Geron and Gamma Rho team:
http://act.alz.org/site/TR?pg=personal&px=7671583&fr_id=11572
General information:
Saturday September 15th: Registration 9am, Ceremony at 10 am
Utah State Capital – South Lawn
350 North State Street
Salt Lake City

UTAH HEART AND STROKE WALK
Join our CON “Motionally Challenged” Team:
http://www2.heart.org/goto/CON_MotionallyChallenged_HeartWalk
Saturday September 15th: Starts 8:00 am
Sugar House Park, Salt Lake City

‘SAVE THE DATE’
University of Utah College of Nursing Alumni Weekend November 8th -10th
40th STTI Gamma Rho Celebration and Induction November 9th
https://nursing.utah.edu/sigma-theta-tau/