



COLLEGE OF  
**NURSING**  
UNIVERSITY OF UTAH

# COLLEGE KUDOS



Email Photos to [ConStrolls@nurs.utah.edu](mailto:ConStrolls@nurs.utah.edu)

**October 4, 2021**

## **Presentation:**

**Dr. Michelle Litchman** is a panelist for the American Heart Association and American Diabetes Association Know Diabetes By Heart virtual salon titled [\*Beyond Awareness: How Do We Reverse Compounded Disparities in Diabetes and Heart Disease?\*](#) Register for the October 5, 2021 event [here](#).

## Publication:

**Christensen SS, Lassche M, Banks D, Smith G, Inzunza TM.** Reducing patient aggression through a nonviolent patient de-escalation program: A descriptive quality improvement process. *Worldviews Evid Based Nurs.* 2021; Epub ahead of print. [DOI: 10.1111/wvn.12540](https://doi.org/10.1111/wvn.12540)

## Recognition:

**Members of the BirthCare HealthCare (BCHC) faculty practice** achieved outstanding outcomes! The American College of Nurse Midwives (ACNM) provides annual benchmarking of midwifery practices across the United States. Practices are compared based on number of births per year. BCHC is considered a high-volume practice, having greater than 500 births per year. For calendar year 2020, ACNM recognized BCHC for being one of the top three practices for a high rate of women who attended their 6-week postpartum visit, and for low 3<sup>rd</sup> and 4<sup>th</sup> degree laceration rates. The practice also earned the “Triple Aim” distinction, which recognizes practices that meet the Institute for Healthcare Improvement “Triple Aim” of improving the patient experience, reducing cost of care, and improving the health of populations. For ACNM, this is demonstrated by high breastfeeding rates, low preterm birth and cesarean rates, and reporting fiscal variables.

Triple Aim Goal	BirthCare HealthCare
Primary cesarean birth rate < 23.9%,	8.9%
Preterm birth rate < 11.4%,	4.5%
Exclusive breastfeeding first 48 hours > 81%	85.8%

## In Other News:

**Dr. Jennifer Hamilton** has been accepted into the [TIGER - Translation and Integration of Genomics is Essential in Doctoral NuRsing training program](#). The goal of the program is to equip doctoral nursing faculty with foundational knowledge in genetics and genomics. The program will allow Jennifer to deepen her understanding of genetics and best practices, refine her skills so that she can enhance student engagement and teach genetics in an accessible manner, and expand her knowledge about genomic issues that affect racial and ethnic minority groups.

## In the Media:

**Dr. Michelle Litchman** and postdoctoral fellow **Julia Blanchette** were guests on the podcast [The Huddle: Conversations with the Diabetes Care Team](#), which the [Association of Diabetes Care & Education Specialists](#) hosted. Their podcast was titled “Overcoming Cost Barriers in Diabetes Care: Research and Solutions.”

Seth Bracken wrote an article titled [\*The Hidden Patients\*](#) for [University of Utah Magazine](#) and included quotes from **Drs. Kara Dassel, Jackie Eaton, Linda Edelman, Lee Ellington,** and **Kathie Supiano**. The article discusses who's looking out for caregivers as more people are helping their aging family and friends.

**Dr. Kathie Supiano** authored a piece titled [\*Is My Grief Normal?\*](#) for [UHealth's Accelerate](#). Kathie explains what feelings and actions during grieving are normal—and what actions might be cause for concern.

Kudos will not be published on October 11, 2021.