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**June 12, 2023**

### **Academic Achievement:**

**Kirsten Schmutz** passed her oral and written examinations, defended her proposal titled Barriers and Strategies to Patient Participation in Early Mobility in the CVICU, and has been recommended for PhD Candidacy. **Kirsten's** dissertation committee members are **Dr. Andrea Wallace** (Co-Chair), **Dr. Alycia Bristol** (Co-Chair), Haley Bento, Jorie Butler, and **Dr. Ann Butt**.

## Publications:

**Allen NA**, Litchman ML, Greenwood DA, Ng A, Sanchez-Birkhead A. (2023). Hispanic diabetes peer facilitator training needs and connections to Hispanics with type 2 diabetes. *Hisp Health Care Int*. 2023. Epub ahead of print.

<https://doi.org/10.1177/15404153231175998>

Als A, **Dassel KB**, He Y, **Allen NA**. The association between Medicare annual wellness visits and diabetes outcomes among older adults. *World Med Health Policy*. In Press

Berg CA, Suchy Y, de Grey RGK, **Allen NA**, Campbell MS, Munion A, Butner J, Helgeson VS. Cognitive abilities and collaboration in couples in type 1 diabetes management. *Diabetes Spectr*. 2023;36(1):33-40. <https://doi.org/10.2337/ds21-0057>

Carroll AJ, Mohanty N, **Wallace AS**, Langman CB, Smith JD. Perspectives of primary care clinicians on the diagnosis and treatment of pediatric hypertension. *Fam Community Health*. 2023;46(2):123-127. DOI: [10.1097/FCH.0000000000000358](https://doi.org/10.1097/FCH.0000000000000358)

Helgeson VS, **Allen NA**, Tracy EL, Butner J, Berg CA. Diabetes stress contagion among romantic partners: A daily diary investigation. *J Behav Med*. 2022;45(5):716-727. DOI: [10.1007/s10865-022-00337-y](https://doi.org/10.1007/s10865-022-00337-y)

Scheese CH. Coming full circle: A transplant nurse on why tissue donation matters. *Am J Nurs*. 2023;123(6):64. DOI: [10.1097/01.NAJ.0000938760.53953.63](https://doi.org/10.1097/01.NAJ.0000938760.53953.63)

**Simonsen SE**, Sunada GR, Digre K, Stark LA, Mukundente V, Napia E, Tavake-Pasi F, Villalta J, Lee D, Davis F, **Sanchez-Birkhead A**, **Brown BH**, Baron KG. Short sleep duration and interest in sleep improvement in a multi-ethnic cohort of diverse women participating in a community-based wellness intervention: An unmet need for improvement. *BMC Women's Health*. 2023;23:188. <https://doi.org/10.1186/s12905-023-02341-z>

## In the Media:

[ABC4 Daily Dish, hosted by Sariah Farmer interviewed Dr. Joni Lybbert](#), psychiatric-mental health nurse practitioner and 2023 College of Nursing Doctor of Nursing Practice (DNP) graduate, about an upcoming event – [Climb Out of the Darkness®](#) – a Postpartum Support International (PSI) organized event that raises awareness about emotions that women experience during pregnancy and postpartum, and provides a platform for moms to come together, share their experiences, and find solace in the fact that they are not alone. [Climb Out of the Darkness®](#) will be held on June 24, 2023 at [Wheeler Historic Farm](#) in Salt Lake City. For her DNP scholarly project, **Dr. Lybbert** created [The Sad Moms Club](#) podcast to connect Utah perinatal women, and improve their awareness of, access to, and use of local perinatal mood and anxiety disorder resources. She found that the podcast was a useful, feasible, acceptable, and effective way to engage and reach perinatal mothers in Utah and overcome barriers to care. The podcast led **Dr. Lybbert** to network with the PSI Utah Chapter. Subsequently, PSI invited **Dr. Lybbert** to join its Board as Chair of Community Outreach. For the Daily Dish interview, she is working in her new capacity as Chair. **Dr. Caroline Stephens** served as Chair for Joni's DNP Scholarly Project.

Kudos will not be published on June 19, 2023.

Best Regards,  
Marla