Email Photos to ConStrolls@nurs.utah.edu

June 12, 2023

**Academic Achievement:**

**Kirsten Schmutz** passed her oral and written examinations, defended her proposal titled Barriers and Strategies to Patient Participation in Early Mobility in the CVICU, and has been recommended for PhD Candidacy. **Kirsten's** dissertation committee members are **Dr. Andrea Wallace** (Co-Chair), **Dr. Alycia Bristol** (Co-Chair), Haley Bento, Jorie Butler, and **Dr. Ann Butt**.
Publications:


In the Media:

ABC4 Daily Dish, hosted by Sariah Farmer interviewed Dr. Joni Lybbert, psychiatric-mental health nurse practitioner and 2023 College of Nursing Doctor of Nursing Practice (DNP) graduate, about an upcoming event – Climbing Out of the Darkness® – a Postpartum Support International (PSI) organized event that raises awareness about emotions that women experience during pregnancy and postpartum, and provides a platform for moms to come together, share their experiences, and find solace in the fact that they are not alone. Climbing Out of the Darkness® will be held on June 24, 2023 at Wheeler Historic Farm in Salt Lake City. For her DNP scholarly project, Dr. Lybbert created The Sad Moms Club podcast to connect Utah perinatal women, and improve their awareness of, access to, and use of local perinatal mood and anxiety disorder resources. She found that the podcast was a useful, feasible, acceptable, and effective way to engage and reach perinatal mothers in Utah and overcome barriers to care. The podcast led Dr. Lybbert to network with the PSI Utah Chapter. Subsequently, PSI invited Dr. Lybbert to join its Board as Chair of Community Outreach. For the Daily Dish interview, she is working in her new capacity as Chair. Dr. Caroline Stephens served as Chair for Joni’s DNP Scholarly Project.
Kudos will not be published on June 19, 2023.

Best Regards,
Marla